

BOOKS FOR ADULTS

Note: An **L** under the author's name indicates the book is available in the Leon County Library. A **G** indicates it is in the Gadsden County Library. If there is no letter under the author's name, the book can be ordered from a local bookstore or through the Internet.

Author	Title	Description
Berry, Thomas L	The Great Work: Our Way Into the Future	Berry explains that we stand at a defining moment that calls us to move from being a destructive and disrupting force to a protective orientation toward our "garden planet of the universe". Berry's earlier works are also valuable resources.
Buscaglia, Leo L,G	The Fall of Freddie the Leaf	Now in the 20 th anniversary edition, this beloved classic warmly portrays the natural balance between life and death. An excellent way for adults to explain death to children.
Carson, Rachel L	The Sense of Wonder	Explores the theme that those who live with the mysteries and wonder of the earth, sea and sky are never alone or weary of life.
Cavoukian, Raffi	Child Honoring, How to Turn this World Around	This anthology with a forward by the Dalai Lama offers insight into the problems facing our children and the world they are inheriting. It offers a "proactive developmental approach to creating healthy and sustainable societies." Raffi offers a "child first approach to global restoration." A great read and excellent food for thought.
Cohen, Michael	Reconnecting with Nature: Finding wellness through restoring your	Written for adults who desire to reawaken their sensitivities to the natural world and open their awareness to the lessons of nature.

	bond with the Earth.	
Cornell, Joseph	Listening to Nature	Listening to nature helps the reader experience more fully the serenity And mystery of the natural world.
Cornell, Joseph L	Sharing Nature with Children, Sharing Nature with Children II, Listening to Nature	These three books describe simple, enjoyable activities that give children and adults direct, personal experiences with the beauty, wonder and inspiration of nature.
Daleo, Morgan Simone	Curriculum of Love	A wondrous book for everyone interested in working with children. It covers, "Being of Service", "Developing Balance", "Fostering Self Reliance" as well as many more areas of developing joyful, fulfilled human beings. There are recommendations for books and music to stir the soul.
Jenkins, J. Peggy L	Nurturing Spirituality in Children	This book provides activities for parents and caregivers as they develop the spiritual dimension of their children.
Keeler, Rusty	Natural Playscapes: Creating Outdoor Play Environments for the Soul	This remarkable book is filled with photos, drawings and information inspiring the reader to plan childrens' play environments filled with opportunities for wonder. This book is for anyone interested in creating beautiful, engaging, outdoor environments for children.
Rogers, Fred L	The World According to Mr. Rogers	"A timeless collection of wisdom on love, friendship, individuality, and honesty from the man who has been a friend and neighbor to generations of Americans."

Teres, John, K. L	Songbirds in Your Garden	Whether you are an avid birder or a curious beginner, Teres will guide you through the exploration of the pleasures of attracting and feeding birds.
Weil, Zoe	Above All, Be Kind	This book is full of practical and profound real life examples that will help raise children to be confident, caring individuals.
Wolfe, Aline, D.	Nurturing the Spirit in non-sectarian classrooms	Explores the meaning and importance of Spirit and then progresses to descriptions of activities designed to nurture children's spiritual development.
Wood, Douglas L	Old Turtle	This well-known and well-loved classic fable leads us through an exploration of who we are and how we can feel the presence in our everyday life.
Wood, Douglas L,G	Old Turtle and The Broken Truth	This fable of the wisdom of the turtle and the broken truth is filled with wondrous watercolor illustrations that depict a story filled with inspiration and hope.